

ARIZONA HOUSE OF REPRESENTATIVES  
Fifty-fifth Legislature - Second Regular Session

TEEN MENTAL HEALTH HOUSE AD HOC COMMITTEE

Report of Interim Meeting  
Monday, July 11, 2022  
House Hearing Room 1 -- 9:00 A.M.

Convened 9:04 A.M.  
Recessed  
Reconvened  
Adjourned 11:53 A.M.

Members Present

Representative Osborne, Chairman  
Representative Grantham  
Ms. Blalock  
Ms. Breitwieser Cutshall  
Ms. Coggins  
Ms. Corieri  
Ms. Espino  
Ms. Godbehare  
Mrs. Harrison  
Ms. Jones Mellon  
Ms. McPherson  
Ms. McWilliams  
Mr. Sampson  
Sergeant Tyler

Members Absent

Dr. Chhatwal  
Ms. Guy  
Representative Hernandez  
Dr. Kirkilas  
Pastor Nunez

Agenda

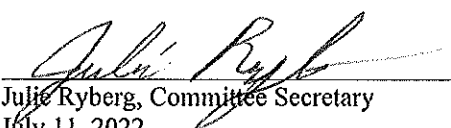
Original Agenda – Attachment 1

Committee Attendance

Report – Attachment 2

Presentations

<u>Name</u>	<u>Organization</u>	<u>Attachments (Handouts)</u>
Colonel Silbert	DPS	3
Courtney Acosta, Jean	ADE	4
Ajamie, Rebecca Astorga		
Sheila Sjolander	ADHS	5
Dr. Megan Woods	AHCCCS	6

  
Julie Ryberg, Committee Secretary  
July 11, 2022

(Original attachments on file in the Office of the Chief Clerk; video archives available at <http://www.azleg.gov>)

## ARIZONA HOUSE OF REPRESENTATIVES

### INTERIM MEETING NOTICE OPEN TO THE PUBLIC

*Convened 9:04 am*  
*Adjourned 11:53 am*

### TEEN MENTAL HEALTH HOUSE AD HOC COMMITTEE

**Date:** Monday, July 11, 2022

**Time:** 9:00 A.M.

**Place:** HHR 1

### AGENDA

1. Call to order
2. Roll call
3. Welcome & introductions
4. Presenters:
  - Department of Public Safety
    - Colonel Silbert, Director
  - Arizona Department of Education—ADE Supports for Student Mental Health
    - Courtney Acosta, Director of Policy and Legislative Affairs
  - Arizona Department of Health Services – Youth Mental Well-Being
    - Sheila Sjolander, Assistant Director, Public Health Prevention Services
  - Arizona Health Care Cost Containment System – Behavioral Health Services
    - Dr. Megan Woods, Integrated Care Administrator
5. Committee discussion
6. Next steps
7. Adjournment

**Members:**

Representative Joanne Osborne, Chair  
Representative Travis W. Grantham, Co-Chair  
Representative Alma Hernandez  
Jennifer Blalock  
Lisa Breitwieser Cutshall  
Dr. Jasleen Chhatwal  
Bernadette Coggins  
Christina Corieri  
Candy Espino  
Gina Godbehere

Kristina Guy  
Sally Harrison  
Shelley Jones Mellon  
Dr. Gary Kirkilas  
Katey McPherson  
Kimberly McWilliams  
Pastor Ryan Nunez  
Solomon Sampson  
Sergeant Sean Tyler

07/05/2022  
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**People with disabilities may request reasonable accommodations such as interpreters, alternative formats, or assistance with physical accessibility. If you require accommodations, please contact the Chief Clerk's Office at (602) 926-3032 or through Arizona Relay Service 7-1-1.**


**ARIZONA STATE LEGISLATURE**  
Fifty-fifth Legislature - Second Regular Session  
**COMMITTEE ATTENDANCE RECORD**

COMMITTEE ON AD HOC COMMITTEE ON TEEN MENTAL HEALTH

CHAIRMAN: Joanne Osborne VICE-CHAIRMAN: Travis Grantham

DATE	7/11/22	/22	/22	/22	/22
CONVENED	9:04 am	m	m	m	m
RECESSED					
RECONVENED					
ADJOURNED	11:53 am				
MEMBERS:					
Hernandez, A					
Ms Corieri, C	✓				
Ms Blalock, J	✓				
Ms Breitwieser-Cutshall, L	✓				
Dr. Chhatwal, J					
Ms Coggins, B	✓				
Ms Espino, C	✓				
Ms Godbehere, G	✓				
Ms Guy, K					
Ms Harrison, S	✓				
Ms Jones Mellon, S	✓				
Dr. Kirkilas, G					
Ms McPherson, K	✓				
Ms McWilliams, K	✓				
Pastor Nunez, R					
Mr Sampson, S	✓				
Sgt. Tyler, S	✓				
Grantham T, Vice-Chairman	✓				
Osborne, J, Chairman	✓				

√ Present      --- Absent      exc Excused

Attachment 

# LAW ENFORCEMENT PERSPECTIVE ON TEEN DRUG USE



**DIRECTOR COLONEL HESTON SILBERT**  
ARIZONA DEPARTMENT OF PUBLIC SAFETY



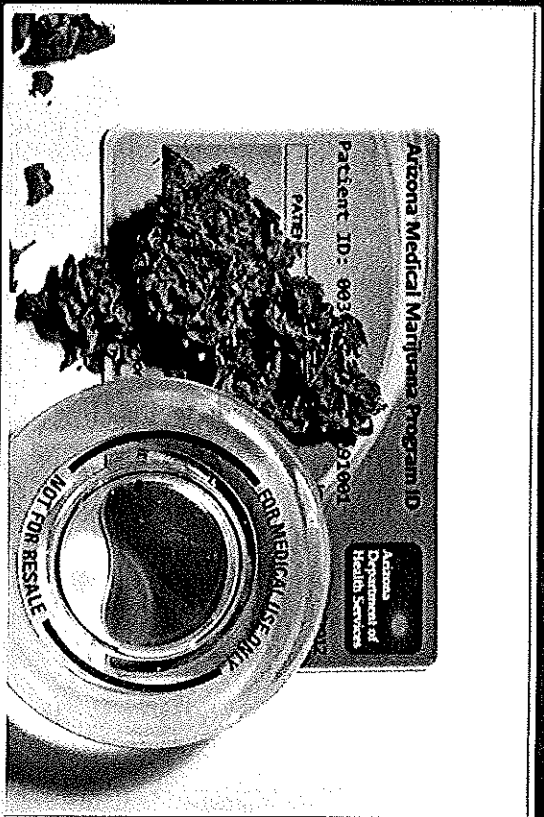
# CONTRIBUTING FACTORS

NORMALIZATION

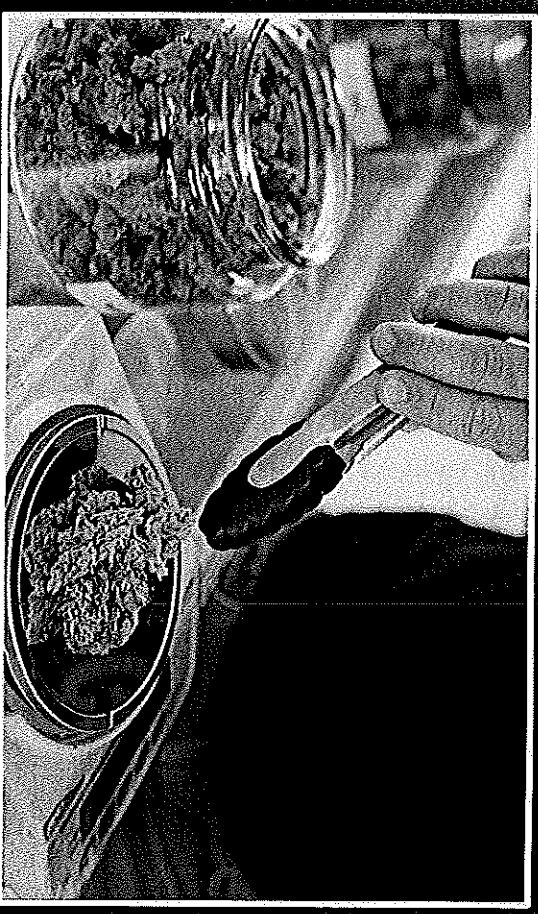
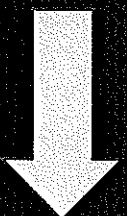
STIGMATISM

SUPPLY

# NORMALIZATION: MARIJUANA

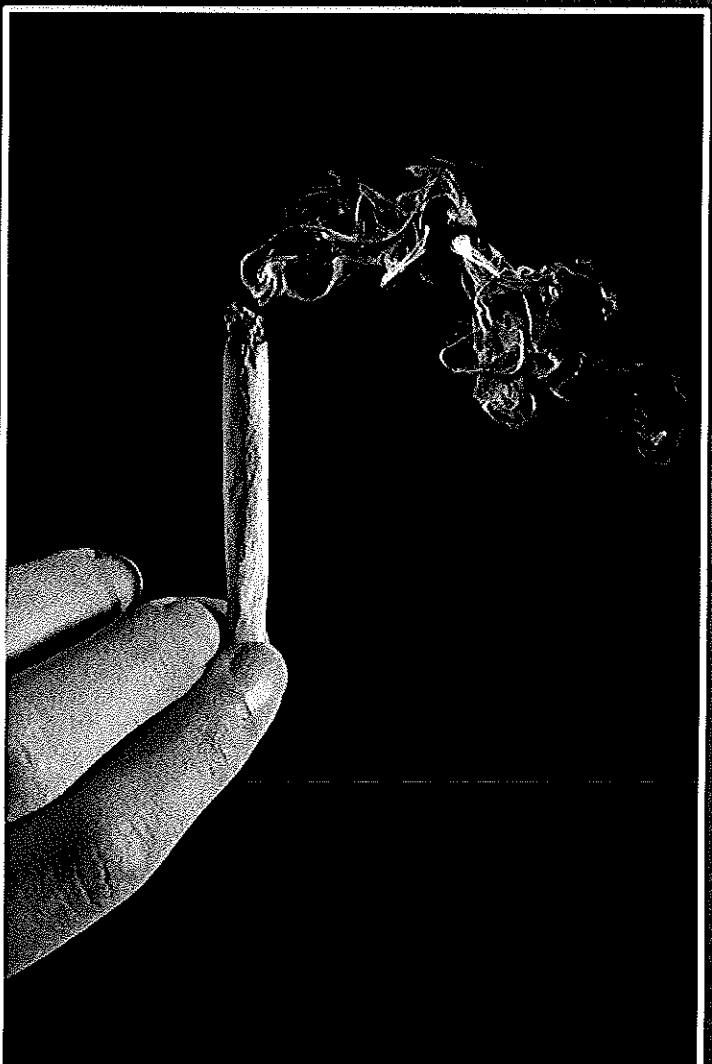


2010: Medical



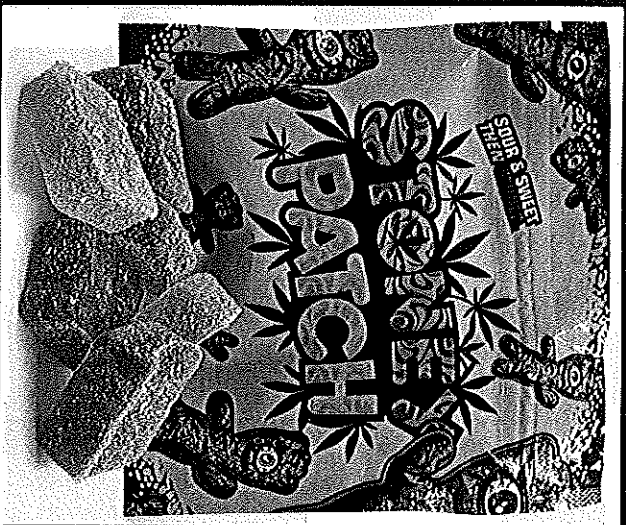
2020: Recreational

# STIGMATISM: MARIJUANA





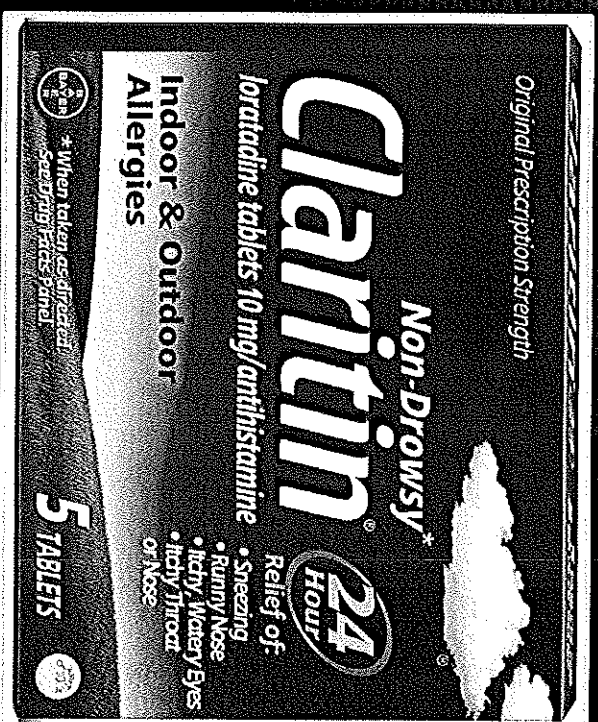
# STIGMATISM: MARIJUANA



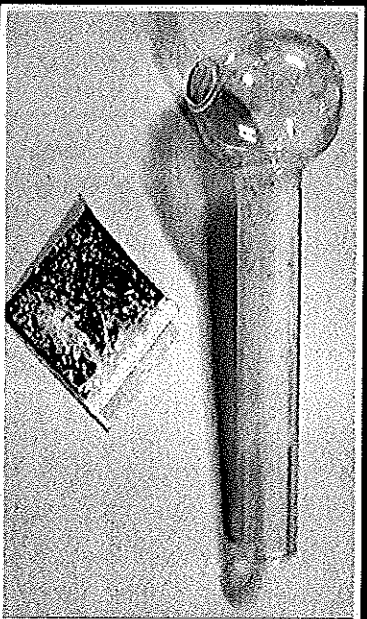
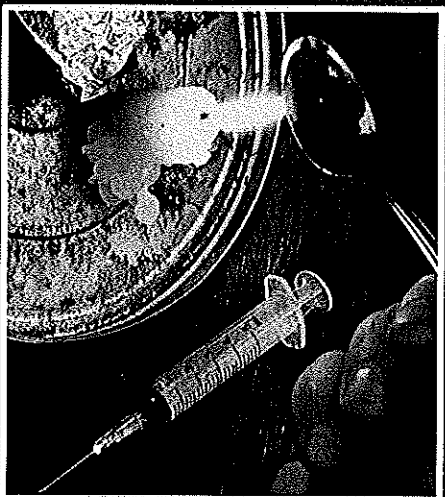
# SUPPLY: MARIJUANA



# NORMALIZATION: FENTANYL



# STIGMATISM: FENTANYL

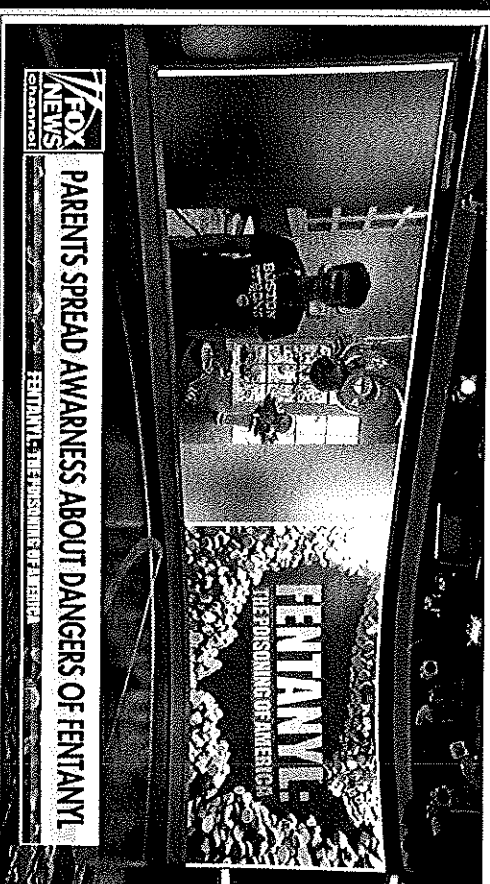


OPINION BY CHARLES CRITZ • PUBLISHED JUNE 20, 2022, 5:48PM EDT

**Fentanyl victim's mother speaks out:  
'Complete shock' that 17-year-old died  
from accidental ingestion**

17-year-old Zach Didier died in December 2020

By Charles Critz | Fox News

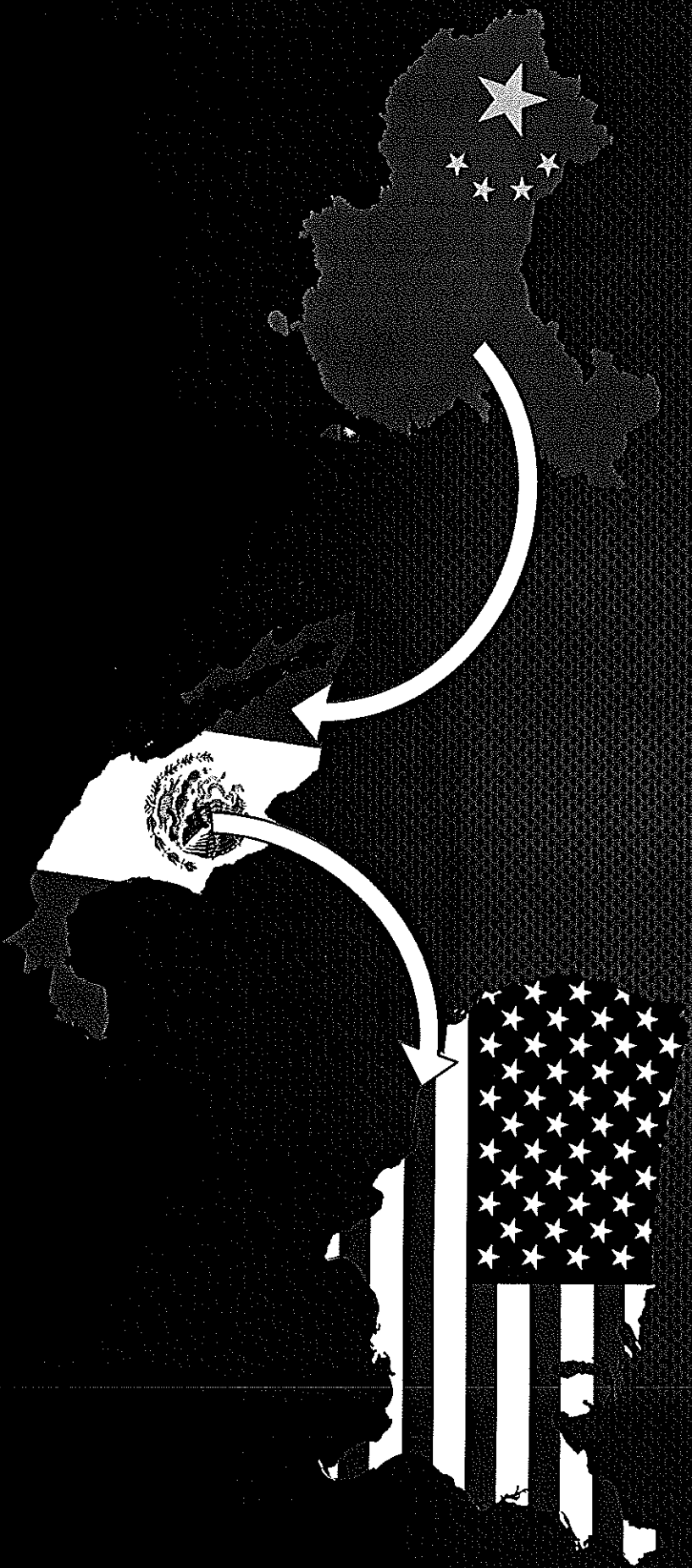


FOX  
NEWS  
CHANNEL

PARENTS SPREAD AWARENESS ABOUT DANGERS OF FENTANYL

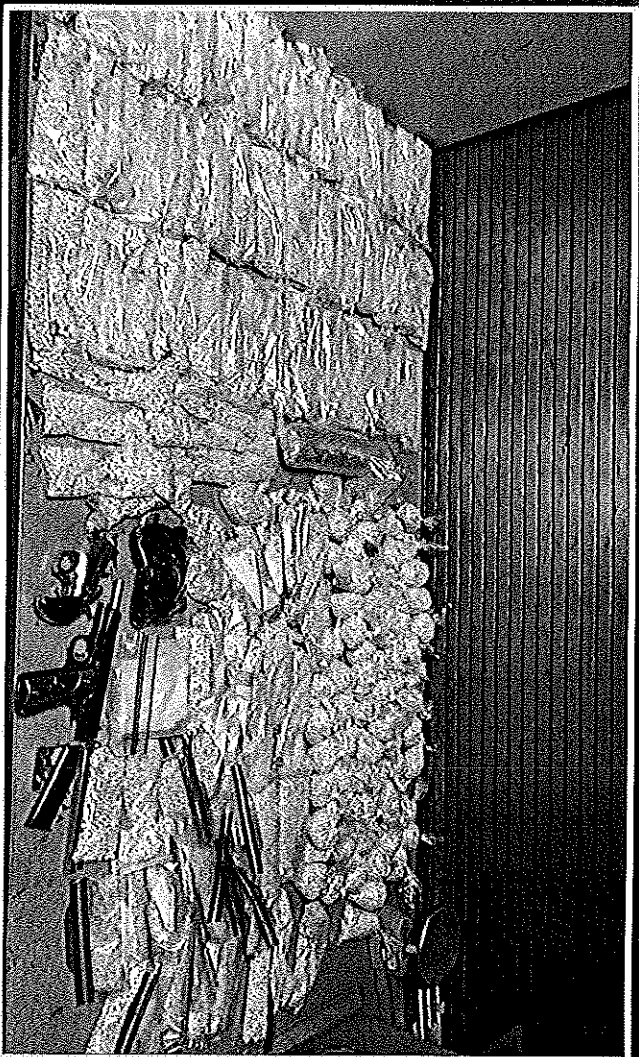
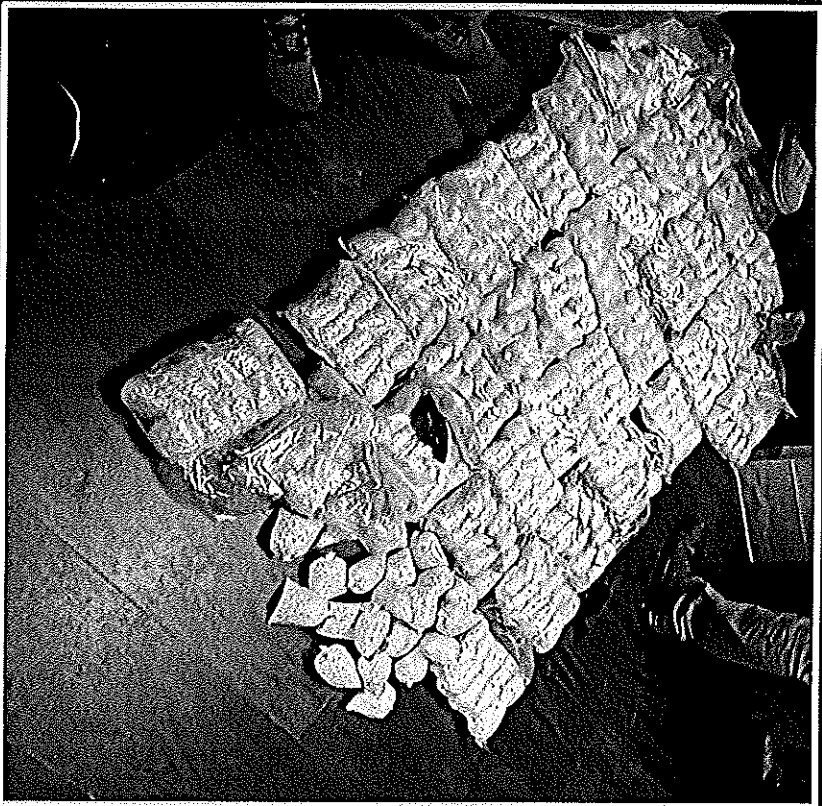
FENTANYL: THE POISONING OF AMERICA

# SUPPLY: FENTANYL





# SUPPLY: FENTANYL



# NORMALIZATION: METH



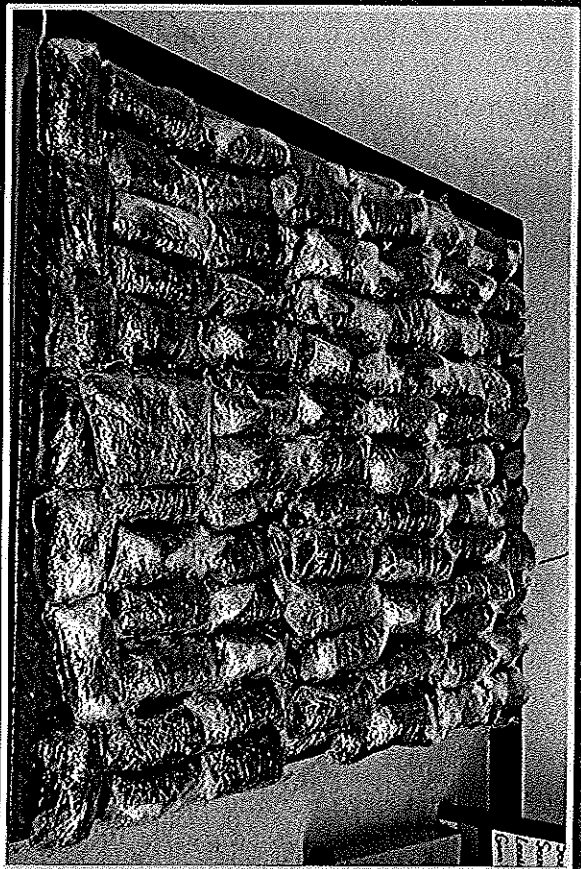
# STIGMATISM: METH



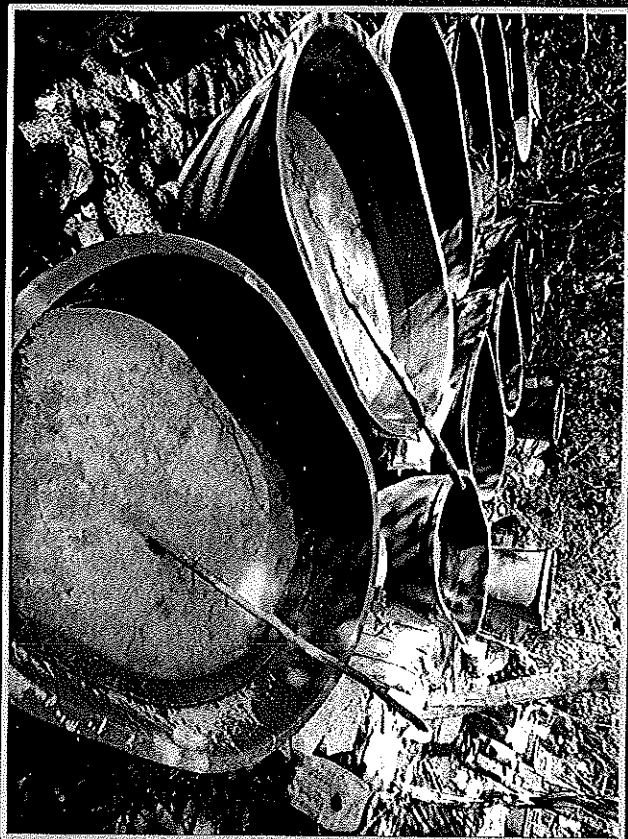
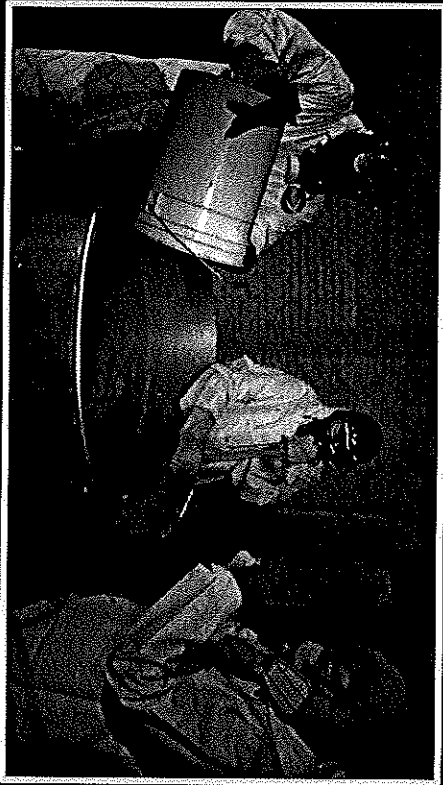
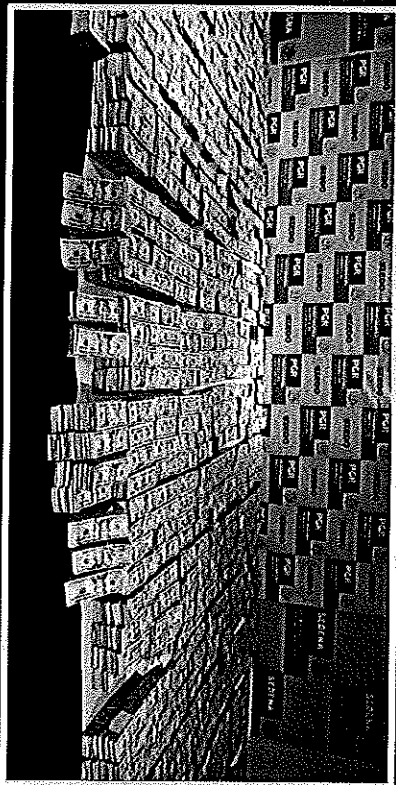
**“Meth today is stronger,  
cheaper and far more plentiful  
than the old home-cooked  
variety.”**



# SUPPLY: METH



# IT'S BUSINESS



QUESTIONS?



# **Support for Student Mental Health**

## **Ad Hoc Committee on Teen Mental Health**

### **July 11, 2022**

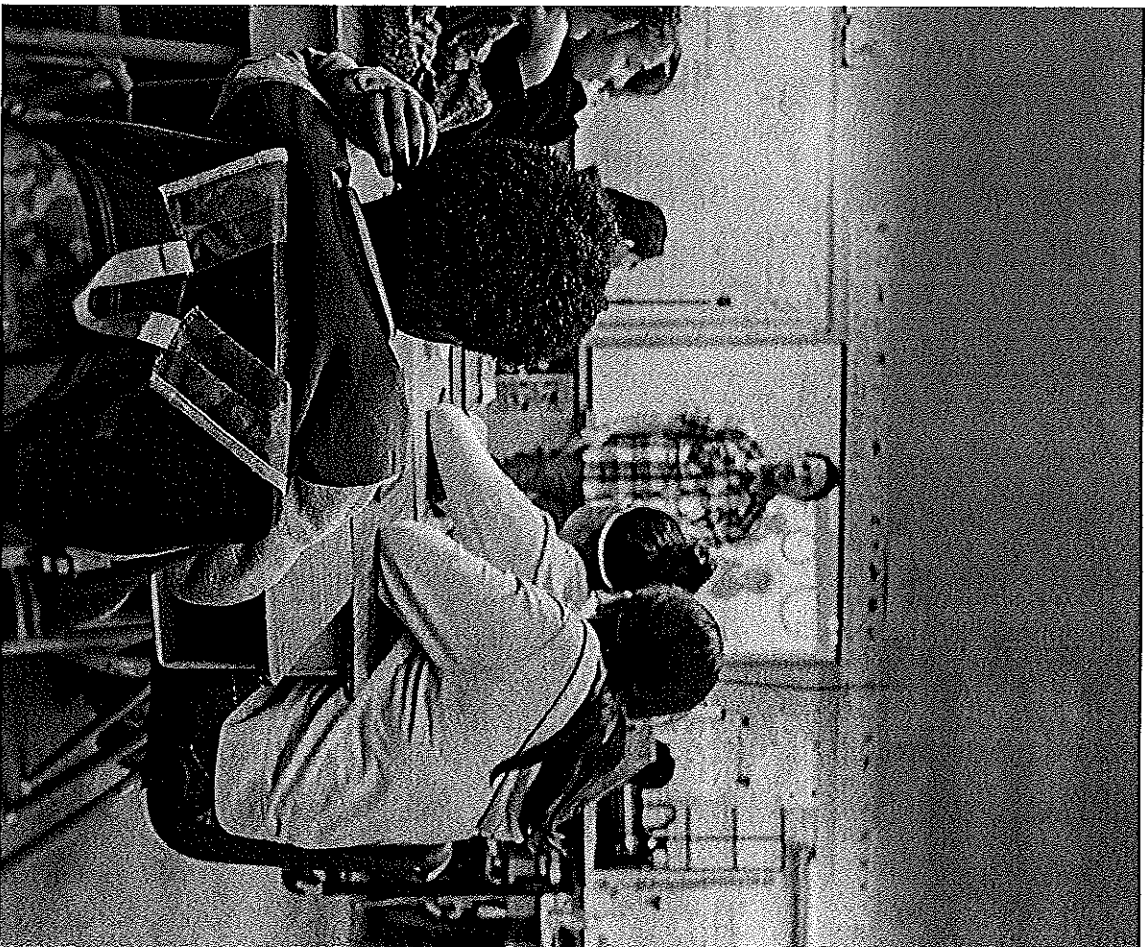
AD HOC COMMITTEE ON TEEN MENTAL HEALTH

SECTION 1

# Student Advisory Council







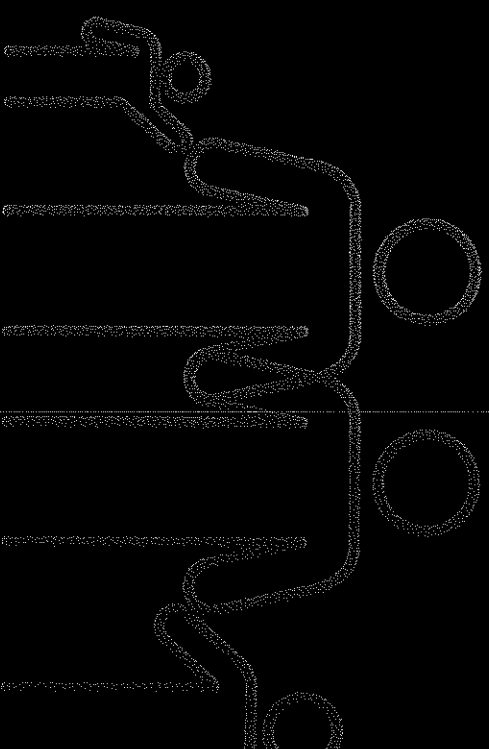
**Mental health** is the #1 issue the *Student Advisory Council* brings to us every year.

- The inaugural Student Summit lead by the *Student Advisory Council* focused more on mental health than any other topic.
- Mental health is consistently a topic of concern when our Student Advisors speak at the monthly State Board of Education meetings.
- The following are solutions that our Student Advisors advocate for:
  - Additional school counselors
  - Expand peer support groups
  - Suicide prevention training and first aid for youth mental health

AD HOC COMMITTEE ON TEEN MENTAL HEALTH

## SECTION 2

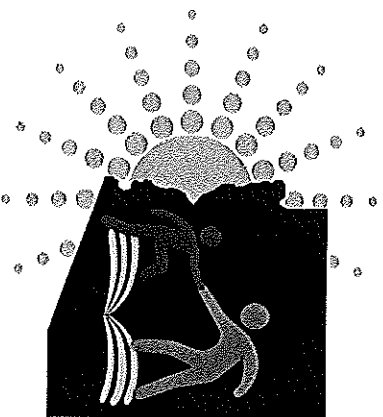
# School Safety & Social Wellness



# Educator & Community Training

- **School Safety Program**
  - 467 school mental health professionals trained
  - Topics: community resources, MTSS, family engagement, verbal de-escalation, role of the school counselor/social worker
- **Emergency Preparedness Program**
  - Crisis intervention and response
    - 22 state trainers; 6 trainings in May/June, 141 trained
    - 35 workshops in SY22-23 in at least 3 regions of the state
  - Threat assessment team protocol
    - 12 state trainers; sponsoring one workshop/month during SY22-23
- **School Health & Wellness/Arizona School Nurse Access Program**
  - Addressing mental health needs of students





## PROJECT A.W.A.R.E. Advancing Wellness & Resiliency in Education

**Infrastructure:** Removing barriers to mental health supports through infrastructure & policy development

**Professional Development & Training:** Including mental health awareness and suicide prevention for school personnel & the community

- + 32,000 trained in mental health prevention/promotion;
- + Nearly 90% reported increased knowledge & confidence to respond

**Engagement:** Strengthening partnerships and collaborations to normalize the conversation of mental health; creating safe and supportive environments.



# Project AWARE State & National Partnerships Provide Best Practices & Resources

## School & Behavioral Health Partnerships: A Resource Guide

Developed by:



ADE Mental Health & Wellness  
School & BH Partnerships Guide



School Health Assessment  
and Performance Evaluation System

School and Districts can use SHAPE to:

- Evaluate strengths and identify areas of growth using the School Mental Health Quality Assessment
- Document mental health services across tiers of support
- Engage their school mental health team in meaningful, data-driven, strategic quality improvement
- Use a robust resource center and quality guides to guide school mental health quality improvement efforts

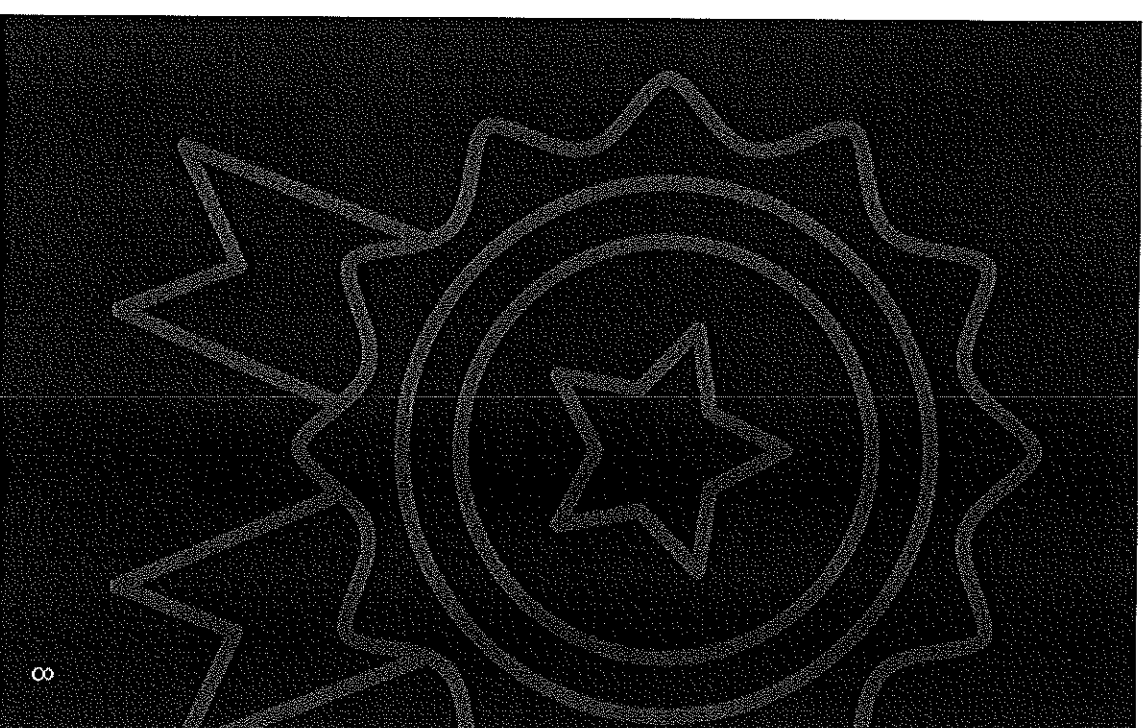
States can use SHAPE to:

- Learn more about the quality of school mental health in **schools and districts** the state
- Monitor progress in school mental health across districts and schools in the state
- Use the **State School Mental Health Profile** to assess several school mental health indicators including: infrastructure, technical assistance and training, state policies, financing, staffing, and emerging SMH issues.

[TheSHAPEsystem.com](http://TheSHAPEsystem.com)

# AWARE Partner School Outcomes

- ✓ Progress towards comprehensive systems of mental health supports for students within 7 domains (i.e., Teaming, Mental Health Promotion, Early Intervention...)
- ✓ Development of aligned goals and activities
- ✓ Documentation of process improvement through annual completion of the School Mental Health Quality Assessment in the SHAPE System





Now, **more than ever** is when my fellow Arizona students need support that extends beyond just teachers, friends, and family... students and teachers also need the support of professionals such as counselors and social workers. These newly funded resources for schools are going to make a huge difference for so many students across the state.

**Claire Novak,**  
*2021 Senior from the Arizona School of Arts*



# Thank You

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Courtney Acosta, Director of Policy & Legislative Affairs

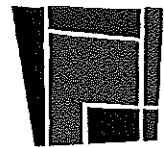
Jean Ajamie, Deputy Associate Superintendent of School Safety & Social Wellness

Rebecca Astorga, School Safety & Social Wellness Specialist

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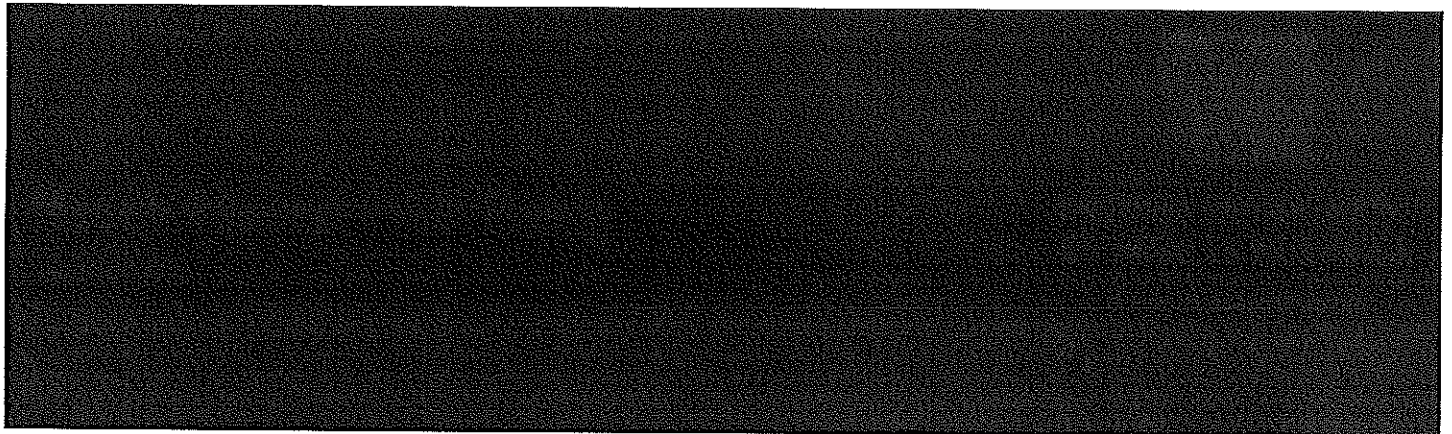
# Youth Mental Well-Being

June 24, 2022

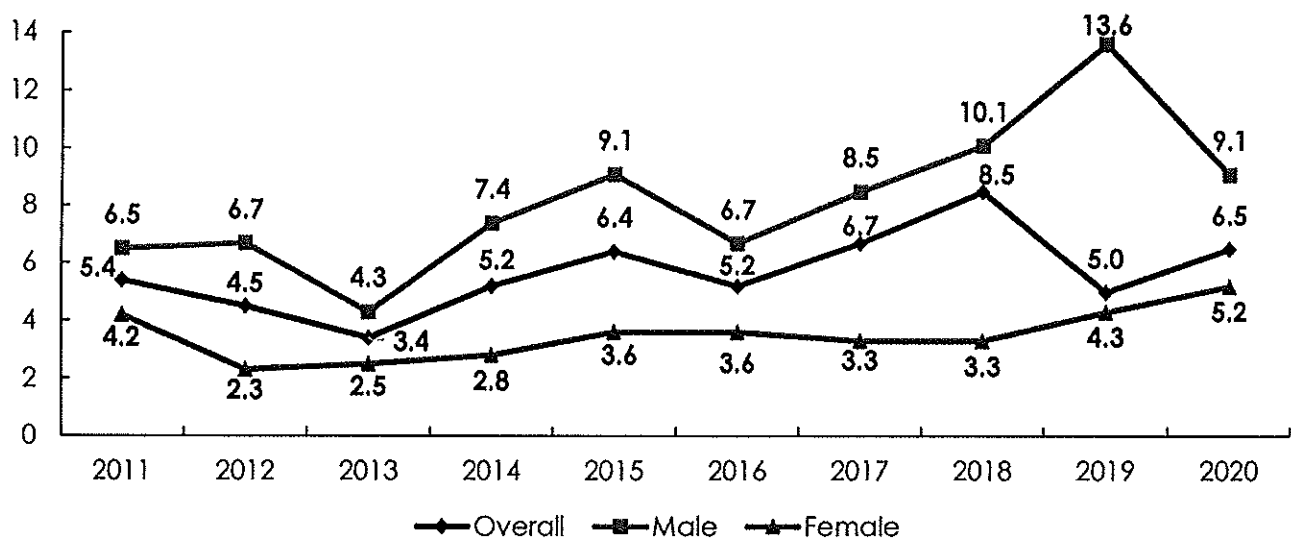


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OF HEALTH SERVICES

PREVENTION SERVICES



## Mortality Rate per 100,000 Children due to Suicide by Gender, Ages 10-17 Years, Arizona, 2011-2020



## Adolescent Suicides

An adolescent death (10-17 years) that is due to a self-directed intentional behavior where the intent is to die because of that behavior.

There were 42 adolescent suicides in 2021.

Approximately 3% of all suicides in Arizona are to adolescents.



There were 49 suicides in 2020.



There was a 30% increase in the suicide rate from 2019 to 2020.



100% of suicides were preventable.



#1 cause: Strangulation (n= 25)  
#2 cause: Firearm Injury (n= 18)  
#3 cause: Poisoning (n= 4)



Of the suicides, 71% were male and 29% were female.



65% of suicides occurred in children ages 15-17 years.



American Indian/Alaskan Native, Black/African American and White children were disproportionately affected. American Indian/Alaskan Native, Black/African American and White children made up 16%, 8% and 43% of suicides but only make up 6%, 5% and 41% of the total population, respectively.



20% of suicides involved substance use.



## Factors that may have contributed to the Child's Despondency Prior to Suicide, Arizona, 2020

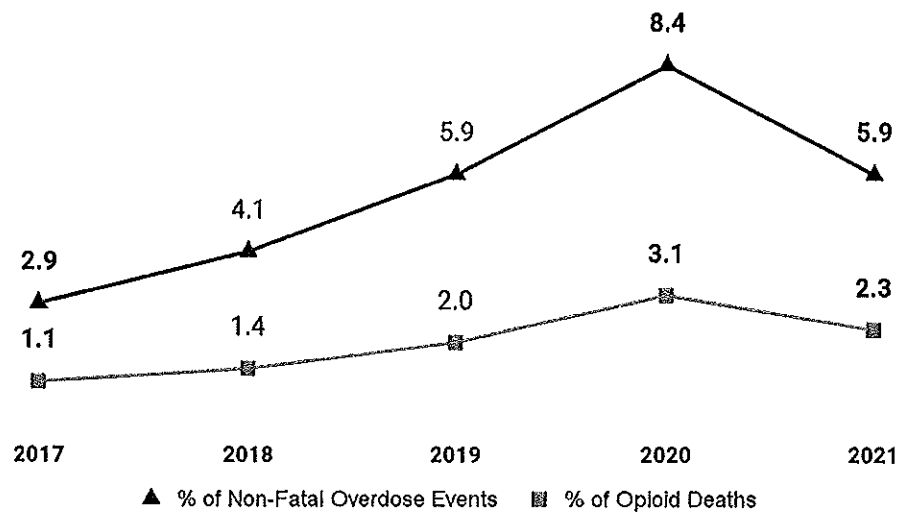
Risk Factors*	Number	Percent
Relationship Problems	34	69%
Access to Firearm	18	37%
History of Maltreatment	18	37%
Child Mental Health Disorder	18	37%
School Issues	16	33%
*More than one risk factor may have been identified for each death		

### Non-Fatal Overdose and Opioid Deaths among Children (0-17 yrs) per Year

In 2021 there were...

56 verified non-fatal opioid overdose events in children ages 0-17

46 opioid deaths occurred in children ages 0-17



## Child Substance Use Related Deaths

Substance use related deaths are where the child or any individual involved in the death of the child used or abused substances, such as alcohol, illegal drugs, and/or prescription drugs and this substance use was a direct or contributing factor in the child's death.



There were 157 substance use related deaths in 2020.



There was a 32% increase in the substance use related death rate from 2019 to 2020.



100% of substance use related deaths were preventable.



#1 cause: Poisoning (n= 66)  
#2 cause: Firearm (n= 22)  
#3 cause: MVC (n= 21)



Of the substance use related deaths, 66% were male and 34% were female.



53% of substance use related deaths occurred in children ages 15-17 years.



American Indian/Alaska Native and Black/African American made up 15% and 13% of substance use related deaths, respectively, but only make up 5% and 6% of the total population, respectively.



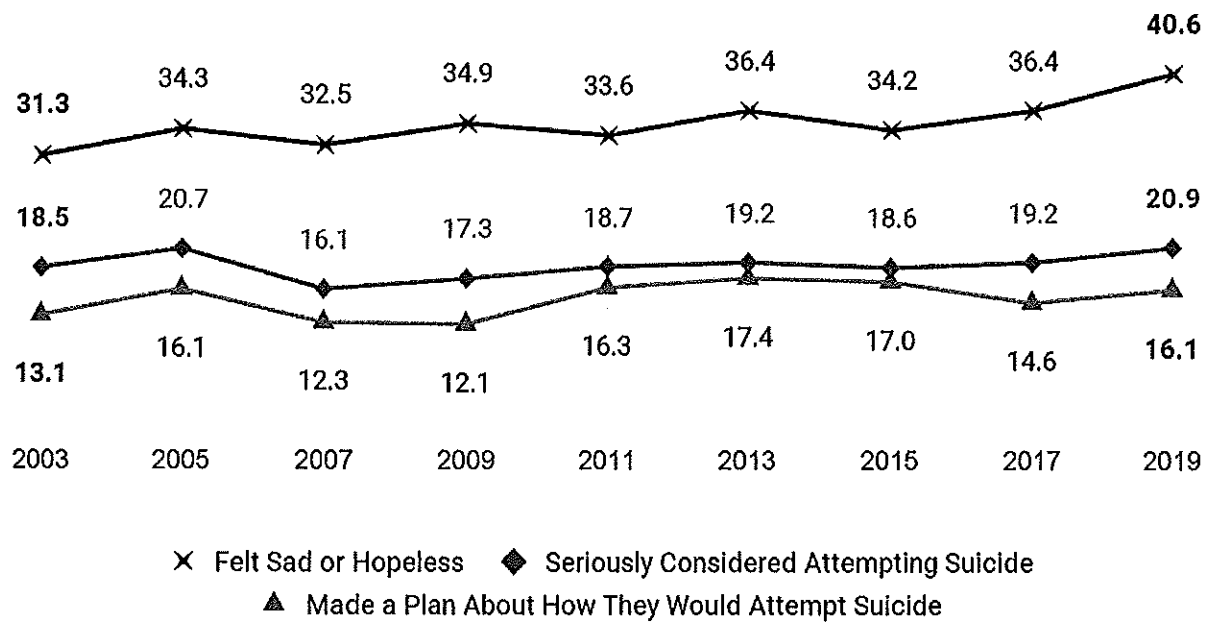
Of the 66 poisoning deaths, 60 were opiate overdoses and fentanyl was responsible for 57 of opiate poisonings.

## Risk Factors for Substance Use Related Deaths, Ages 0-17, Arizona, 2020

Risk Factors*	Number	Percent
Prior History with CPS	90	57%
Parent History of Substance Abuse	73	46%
Poverty	47	30%
History of trauma	41	26%
Housing Insecurity	23	15%

\*More than one risk factor may have been identified for each death

## Percentage of High School Students Who...



## Youth Mental Well-being

### Highlighted Actions



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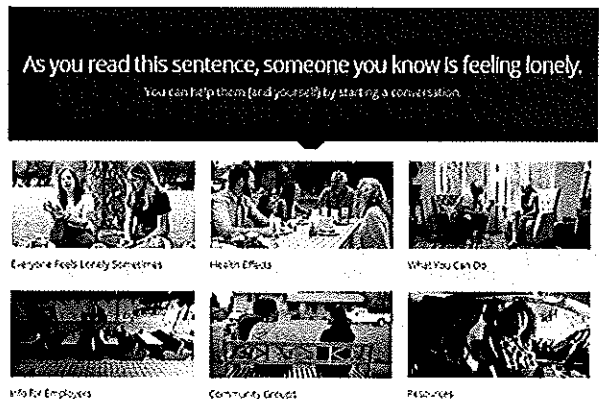
PREVENTION SERVICES

## Arizona Health Improvement Plan Mental Well-being Priority

- Opioid use & overdose fatalities
- Social Isolation & Loneliness
- Suicide

[azdhs.gov/azhip](http://azdhs.gov/azhip)

Social Connectedness: [azhealth.gov/StartAConversation](http://azhealth.gov/StartAConversation)



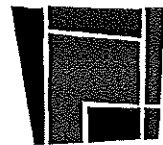
## Suicide Prevention Action Plan

- **Recommendation 1:** Promote the availability of state crisis resources
- **Recommendation 2:** Disseminate information inside of Arizona to inform communities about current best practices, innovative approaches to address suicide, and available prevention training and resources
- **Recommendation 3:** Increase access to resources and services for individuals and communities that have experienced suicide
- **Recommendation 4:** Increase number of passive suicide sensors in Arizona

Coming Soon in 2022:

988

Suicide  
Prevention  
Lifeline



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## Suicide Prevention Action Plan

- **Recommendation 5:** Enhance suicide mortality data collection and expand surveillance systems to identify current community trends
- **Recommendation 6:** Priority Populations
- **Recommendation 7:** Engage stakeholders through event promotion and community-level prevention
- **Recommendation 8:** Improve the resilience of individuals and communities through upstream interventions



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PREVENTION SERVICES

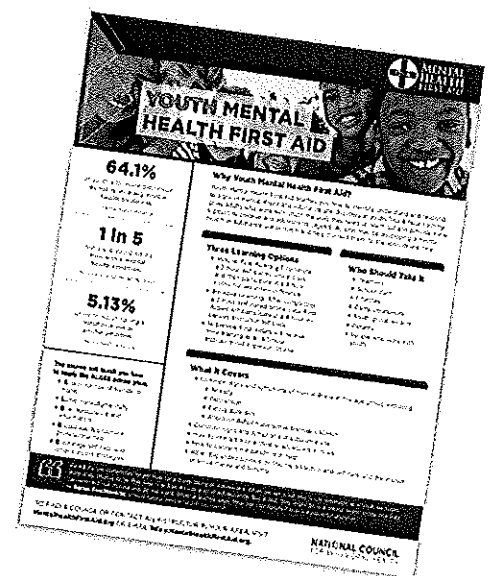
# Bullying Prevention

*What Kind are You...*



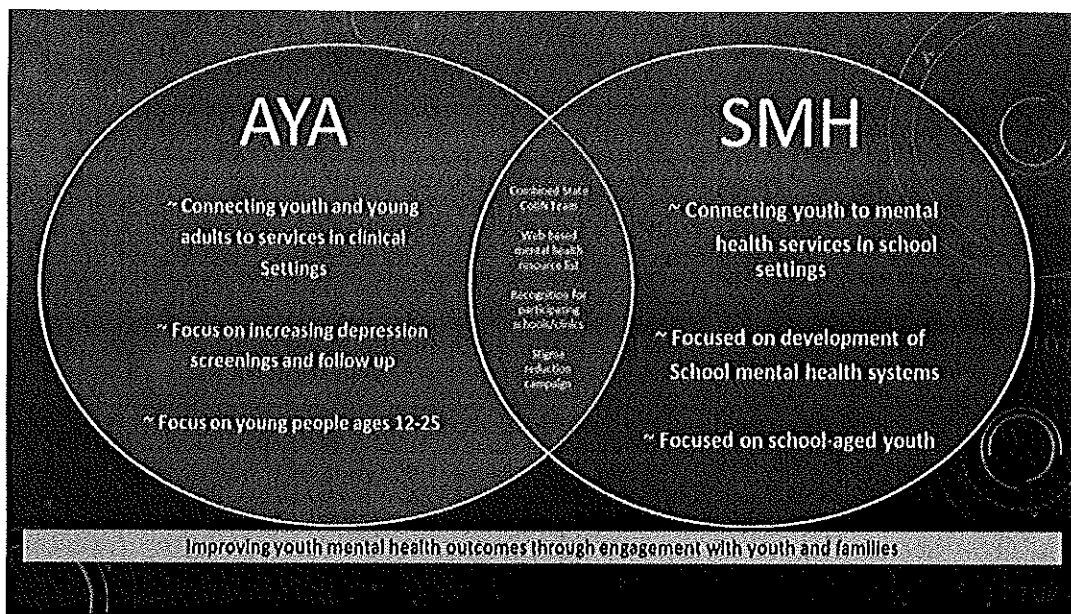
## Youth Mental Health First Aid

- 32 Health Educators certified
- \$1,000 stipend per training
- Inter Tribal Council of Arizona Program
- Annual certification training



# ADHS/ADE

## Adolescent & Young Adult Behavioral Health CoIN



## ADHS/ADE Adolescent & Young Adult Behavioral Health CollN

- Stigma reduction campaign
- Resource website designed by youth for youth
- Recognition for participating CollN schools & clinics



## What's Next



YOUTH  
MENTAL  
HEALTH  
FIRST AID®



## For More Information

**[azdhs.gov/suicide](http://azdhs.gov/suicide)  
[azdhs.gov/opioid](http://azdhs.gov/opioid)**

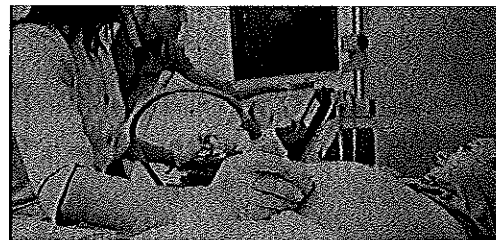
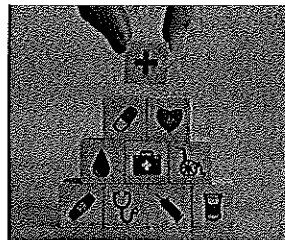
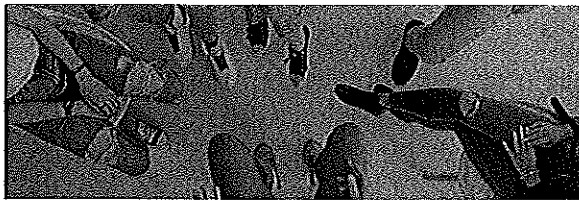
**Sheila Sjolander, MSW  
Assistant Director  
Division of Public Health - Prevention**

**[sheila.sjolander@azdhs.gov](mailto:sheila.sjolander@azdhs.gov)**



**ARIZONA DEPARTMENT  
OF HEALTH SERVICES**

**PREVENTION SERVICES**



## Behavioral Health Initiatives for Children & Adolescents

Dr. Megan Woods, Integrated Care Administrator

*House Ad Hoc Committee on Teen Mental Health*

*June 24, 2022*





## AHCCCS-Covered Behavioral Health Services Include:

- Behavioral Health Day Programs including supervised day programs, therapeutic day programs, medical day programs;
- Crisis Services including mobile team services, telephone crisis response, urgent care;
- Inpatient Services including hospital, sub-acute, and residential treatment;
- Rehabilitation Services including living skills, cognitive rehabilitation, supported employment, and education support;
- Health Promotion – Prevention, Education and Medication Training – education and standardized training for the purpose of increasing an individual's behavioral knowledge of a health related topic such as medication management, the nature of an illness, relapse and symptom management, stress management, parenting skills and health lifestyles;

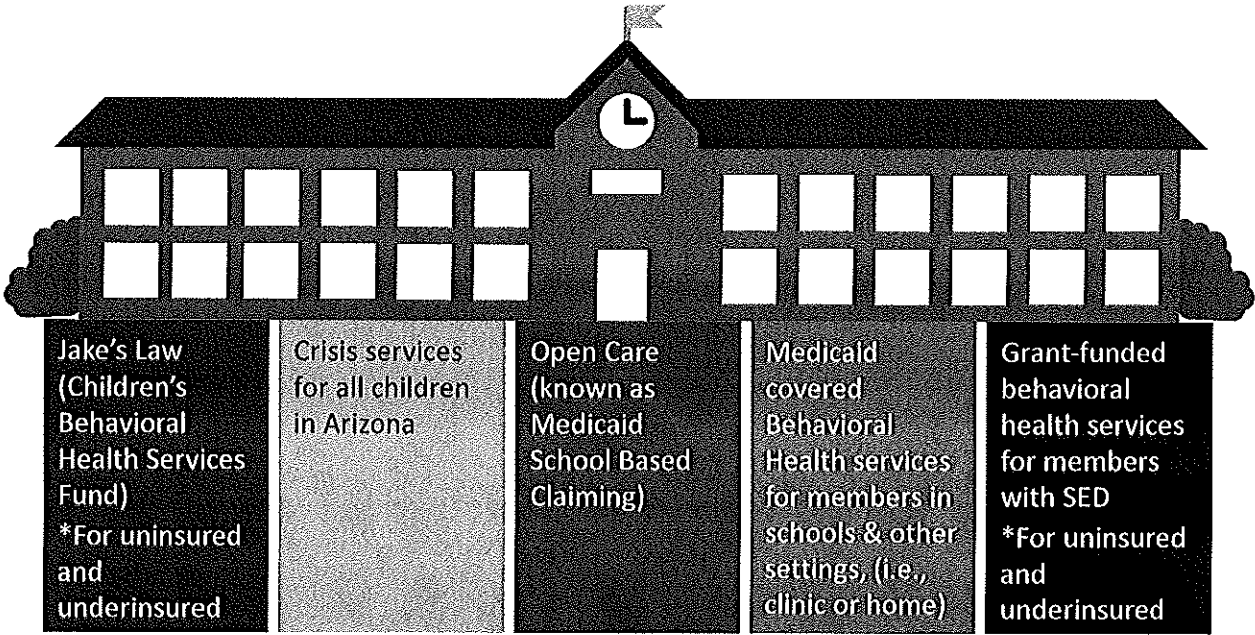
## AHCCCS-Covered Behavioral Health Services Include:

- Residential Behavioral Health Services including a range of up to 24hr/day services in a structured living environment for individuals needing support;
- Support Services including case management, personal assistance, Family & Peer Support, therapeutic foster care, respite, housing support, interpreter services, transportation, assistance accessing community resources and locating and applying for benefits, child care connections; and
- Treatment Services including counseling, consultation, assessment and specialized testing, and substance abuse treatment.

## **AHCCCS System of Care Initiatives**

- Child and Family Team (CFT) Training and Fidelity
- National Wraparound Initiative
- Behavioral Health Clinical Chart Audits
- Published new AHCCCS policies for additional guidance in children's behavioral health services
- Whole Person Care Initiative
- Adolescent mobile crisis team pilot
- AZ Educator Peer Support Program
- Developing Youth Peer to Peer Support
- Implementation of service acuity assessment

# AHCCCS School Based Initiatives



## **Jake's Law (Children's Behavioral Health Services Fund)**

- SB 1523 (2020) appropriated \$8M for behavioral health services for uninsured/underinsured children when referred to services from participating schools.
- Since June 2021, 260 schools have sent in referrals, resulting in 670 total referrals.
- The number of children served has increased significantly each month
  - o In May 2022 there were 551 children served.

## Medicaid School Based Claiming (MSBC)

As of October 1, 2021:

- Broadened array of health care services is available
- MSBC now covers services for all Medicaid enrolled students, those with Individualized Family Service Plans and those with other plans of care for medically necessary services, in addition to an Individualized Education Program
- Addition of several provider specialties

# Project A.W.A.R.E



## 3 Goals of the AWARE Grant



**GOAL#1:** Build and expand capacity at the state and local levels to improve access to mental health services and supports.



**GOAL#2:** Conduct outreach and training to increase mental health literacy and reduce stigma.



**GOAL#3:** Connect youth, families, and school staff to mental health services.

Questions?



Thank You.